

*From Caterpillar*  
*To Butterfly*



## NAVIGATING THE DIFFICULT ROAD OF CHANGE

**THURSDAY,  
OCTOBER 20, 2016**  
5:30 - 7:00 PM  
A LIGHT SUPPER WILL BE SERVED

**BELMONT VILLAGE  
BUFFALO GROVE**  
500 MCHENRY ROAD  
BUFFALO GROVE, IL 60089

**SPEAKER: MARTHA KERN**  
**Chief Marketing Officer, Lifecare Innovations**

Change is a necessary and unavoidable part of life. Sometimes it's relatively easy to manage. Occasionally it's excruciating, and oftentimes we make it harder than it needs to be. Join us for an exploration of change and the fears and misconceptions that drive us to avoid change and leave things as they are.



**BELMONT** *Village*  
SENIOR LIVING  
BUFFALO GROVE

**RSVP to Susan Kocanda at 847-537-5000 or  
skocanda@belmontvillage.com.**



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